



## Maine Youth Leadership "Holiday Huddle" Pancake Breakfast & Blood Drive

Dear Participant:

We look forward to having you with us at our MYL volunteer in Portland or Bangor on January 6, 2007! We will be serving a pancake breakfast to donors who come to the Red Cross Blood Donor Centers from 8 am to noon with a MYL alumni meeting held until 3 p.m. MYL student volunteers will be helping with cooking and serving breakfast, clean up, and registering donors who come to the center. MYL adult volunteers will be on hand and will oversee the event. In order to participate, please fill out the form below, obtain a parents signature and bring your signed form to the volunteer event. **Students without a permission slip will not be permitted to participate.**

If you wish to donate blood on Saturday, (**PLEASE NOTE: you do not have to donate blood to participate**) you can do so IF you are at least 17-years-old, weigh at least 110 pounds and are in general good health, with valid ID. If you are 16-years-old and would like to donate, you must Call the Red Cross @ 1-800-482-8007 and they will send you a consent form. Have a parent sign it and bring it to the donor center, along with an ID. For more information about blood donation go to the red Cross web site at: [www.newenglandblood.org](http://www.newenglandblood.org)

### PERSONAL INFORMATION

(Last Name): \_\_\_\_\_ (First Name): \_\_\_\_\_ (Middle Initial): \_\_\_\_\_

Male  Female  Home Telephone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Permanent Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### EMERGENCY CONTACT INFORMATION

(Last Name): \_\_\_\_\_ (First Name): \_\_\_\_\_

Relationship to Participant: \_\_\_\_\_

Primary Telephone Number: \_\_\_\_\_ Cell Number: \_\_\_\_\_

Name of Family Physician: \_\_\_\_\_ Physician Telephone Number: \_\_\_\_\_

Please list all allergies (insect stings, plants, foods, medicine, etc): \_\_\_\_\_

GENERAL: If there are any limitations on the amount of physical exercise you can engage in, please describe and explain: \_\_\_\_\_

I have read and understand the enclosed information

Participant \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Legal Guardian: \_\_\_\_\_ Signature: \_\_\_\_\_ Date \_\_\_\_\_

*Maine Youth Leadership is a non-profit, 501(c)(3) run entirely by volunteers with no paid staff which ensures that 98 percent of funds directly benefit Maine's students. More information on Maine Youth Leadership can be found on its web site [www.maine youth leadership.org](http://www.maine youth leadership.org)*